

## WRAPS

<b>From the Garden</b>	5.50
lettuce tomato cucumber carrots onion	
<b>Falafel</b>	6.00
falafel lettuce tomato cucumber humus	
<b>Harvest Collection</b>	6.00
ham cheese lettuce tomato cucumber onion	
<b>Chicken Farm</b>	7.00
grilled chicken mixed lettuce sun dried tomato	
<b>Chicken Caesar</b>	7.00
grilled chicken bacon lettuce dressing	
<b>Spicy Chicken Tender</b>	7.00
chicken tenderloin lettuce dressing	

## SALAD BOWLS

<b>Fruit Salad</b>	5.50
seasonal fruit	
<b>Neni's Graden</b>	6.50
lettuce cherry tomato capsicum cucumber onion	
<b>Chicken Caesar</b>	7.00
chicken croutons bacon lettuce cheese	

## SNACKS

<b>Seasonal Fruit</b>	1.50
<b>Popcorn</b>	2.50
<b>Red Rock Chips 28g</b>	2.00
<b>Gourmet Muffins</b>	5.00

## RICE COMBINATIONS

<b>Fried Rice</b>	5.50
classic popular Chinese style fried rice	
<b>Butter Chicken</b>	7.00
chicken mildly spiced	

## PIES

<b>Beef Sausage Roll</b>	4.50
3.5-star 100% seasoned beef	
<b>Spinach &amp; Feta Roll</b>	5.00
<b>Beef Pie</b>	5.00
3.5-star 100% minced lean beef	

## REFRESHMENTS

	<u>Sml</u>	<u>Reg</u>
<b>Flavoured Water</b>	3.50	4.50
<b>Orange Juice</b>	2.50	3.50
<b>Up &amp; Go</b>		3.00
<b>Zero Sugar Drinks</b>		2.80



## BURGERS

<b>Classic BLT</b>	7.00
bacon cheese lettuce tomato bbq sauce	
<b>Portuguese Chicken Burger</b>	7.00
spicy chicken bacon cheese lettuce mayo	
<b>Chicken Supreme</b>	7.00
marinated chicken pineapple cheese lettuce	
<b>Angus Beef</b>	7.00
lettuce tomato onion bbq sauce	
<b>Chicken Schnitzel Roll</b>	7.00
crumbed chicken lettuce mayo	

## PANINI ROLLS

<b>BLT</b>	7.00
bacon cheese lettuce tomato bbq sauce	
<b>Spicy Chicken</b>	7.00
portuguese spices chicken cheese lettuce tomato	
<b>Chicken Schnitzel</b>	7.00
crumbed chicken cheese lettuce tomato mayo	

## PASTAS

<b>Gnocchi</b>	7.00
served with a rich beef bolognaise sauce	
<b>Spaghetti Boscaiola</b>	7.00
pasta with creamy bacon and mushroom sauce	
<b>Spaghetti Bolognaise</b>	7.00
ground beef garlic onions spices	