

CAMMERAYGAL HIGH SCHOOL

EMPOWERED TO ACHIEVE

Street Address Years 7-9: 192 Pacific Highway, Crows Nest NSW 2065 Street Address Years 10-12: West Street, Crows Nest NSW 2065 Postal Address: PO Box 32, Crows Nest NSW 1585 Telephone: 02 9954 7100

Website: cammeraygal-h.schools.nsw.gov.au ~ Email: cammeraygal-h.school@det.nsw.edu.au

2023 TERM DATES

Term 1:	Friday 27 th January	to	Friday 6th April	
	Monday 24 th April	to	Friday 30 th June	
Term 3:	Monday 17th July	to	Friday 22 nd September	
Term 4:	Monday 9th October	to	Tuesday 19th December	

Acknowledgement of Country

On behalf of Cammeraygal High School and the surrounding community, we would like to acknowledge and show appreciation to the tradItional custodians of this land, the Cammeraygal People of the Guringai Nation. We would also like to pay our respects to elders past, present and emerging.

	Monday	Tuesday	Wednesday	THURSDAY (Pacific Highway)	THURSDAY (West Street)	Friday
Roll Call						
SRE						
Period 1						
Period 2						
Recess						
Period 3						
Period 4						
Lunch						
Period 5						

What to do if?

YOU ARE AWAY FROM SCHOOL

If you are absent from school, your parent/caregiver should notify the school via email or phone 9954 7100. Parents will be notified of unexplained whole day absences via email OR SMS on the day. When you return to school you must bring a note from your parent/caregiver with the following information: student name, date, reason for absence, signature of parent/caregiver. The note is to be given to the Front Office.

YOU ARE LATE TO SCHOOL

Students who arrive after **9**am must report to the Front Office for a late slip. If a student arrives without a note of explanation, an SMS will be sent to the parent/caregiver requesting an **explanation by reply text**. Students who are late to school more than 3 times in a term will receive an After School Detention from their Grade Head Teacher.

YOU NEED TO LEAVE SCHOOL EARLY

Where possible, all appointments should be made outside of school hours. If you need to leave early you must bring a note from your parent/caregiver to the **Deputy Principal BEFORE** the start of the school day, for approval. The DP will issue a pass which you MUST keep on you and show to the relevant class teacher when it is time to leave. Before leaving CHS, you must hand in the note and sign out at Student Reception/Front Office.

YOU FEEL ILL AT SCHOOL

If you start to feel ill during class time, ask your teacher for a note to attend the sick bay, situated at the Front office. If you feel sick at recess or at lunchtime you should go directly to the Front office. Always remember that if you need help at any time to tell the nearest teacher. If necessary, arrangements will be made for you to go home, be taken home by your parent(s) or an ambulance will be called. Accidents must be reported immediately to your nearest teacher.

YOU LOSE YOUR TIMETABLE

See your Year Adviser or the Front Office.

YOU ARE LATE FOR THE NEXT LESSON

Ask for a note from your teacher, or better – be on time.

YOU HAVE A PERSONAL PROBLEM

We have a lot of teachers to help you. You can talk to your Year Adviser, the School Counsellor, or your class teachers.

YOU HAVE LOST SOMETHING

All lost property is to be sent to the Front Office. If you lose something make sure that you look around firstly before you enquire at the Front Office. Labelling your clothes helps you recover them more quickly.

PLEASE REFER TO THE SCHOOL POLICIES FOUND IN SENTRAL FOR MORE DETAILED INFORMATION IF REQUIRED.

- Establish a routine
 Set aside a particular time each day for study and revision and stick to it.
- 2. Create a study environment

This should be away from interruptions and household noise, such as the television. Ensure there is adequate lighting and ventilation, a comfortable chair and an appropriate desk.

3. Set a timetable

With a timetable you can plan to cover all your subjects in an organized way, allotting the appropriate time for each without becoming overwhelmed.

- Have variety in your study program Study different subjects each day and do different types of work and revision in each study session.
- Avoid interrupting your concentration Have all the appropriate materials with you before you start a session of study to minimise distractions.
- 6. Test yourself on what you have studied

Ask your parents or family members to quiz you on what you have learnt, use draft questions from books, past assessments or major exam papers.

7. Ask your teachers for guidance

Especially if you're having trouble, whether it is grasping a new concept or understanding something you learnt earlier in the year. They will be happy to help.

Using a Weekly Planner

- A planner will help you to organize the hours of your day so that you can balance all the activities you need to do.
- Look at what times are free and schedule the best times for study and leisure.
- Remember: it is important to make this planner realistic, so that it works for you. It is important to schedule leisure and free time in your timetable.
- Once you have a plan, stick to it!

PREPARE YOURSELF to better manage time and prepare for assessment tasks. By working through the units at **www.studyskillshandbook.com.au**, you will gain skills and discover new techniques for effective learning. Improve your academic results to achieve your personal best at school and beyond. Visit and be prepared.

Enter the following details into the login page to get started:

User name: cammeraygalhs Password: pacificwest

Sunday						
Saturday						
Friday						
Thursday						
Wednesday						
Tuesday						
Monday						
Time						

Weekly Planner

School Uniform

The community of Cammeraygal High School strongly supports the wearing of a uniform by students. To ensure consistency in meeting the requirements of the uniform policy, and to reduce the cost of uniform items, the school and physical education uniforms are only available from Noone Uniforms.

The following items are compulsory and must be worn every day:

- White dress shirt with logo
- Pullover black with red trim and logo for junior students; red with CHS logo for senior students (Years 10, 11 and 12)
- Shorts charcoal; or
- Long pants/trousers charcoal; or
- Pleated skirt CHS tartan
- Tie black and red with CHS logo
- Black leather school shoes fully enclosed (NB: no mary-jane style shoes or leather running shoes)
- Ankle socks white NB: no below the ankle socks or socks with logos
- Hair accessories red or red/black
- Black Cammeraygal High School bag

Sports Uniform

To be worn on Wednesdays (Sport Day) and for PDHPE practical lessons ONLY.

- Polo shirt red and black paneled with school logo
- Sports shorts black and red
- Cap black and red with school logo
- Sports socks white above the ankle socks
- Running shoes fully enclosed
- White ankle socks
- Tracksuit pants black and red with school logo
- Tracksuit jacket black and red with school logo

Sports uniforms for grade sport and co-curricular sport will be supplied as needed.

The following items are optional:

- Black all weather jacket with CHS logo
- * Black school blazer with school logo
- Black or red school scarf with school logo
- Black opaque stockings for female students



In addition, the following should be noted:

Acceptable	Not Acceptable
 Acceptable Watch Studs or sleepers (one per ear lobe) Religious jewellery, worn under the uniform Cammeraygal school badge Current CHS Office bearer badges, eg SRC 	 Necklaces visible outside the uniform Bracelets Dangling earrings Rings Any facial piercings Makeup Non-uniform tops/jackets including hoodies Beanies Bike pants/skins under uniform or shorts Cut off leggings Unnatural hair dyes
	 Black socks (including with sports uniform)

Cammeraygal High School Sports Houses

- Freeman yellow
- Stosur green
- Goodes blue
- Hughes purple

Cammeraygal High School is committed to providing a positive environment for students where the potential of all students is valued. A safe, happy and secure environment ensures that students can embrace their learning in a rewarding manner.

Whilst we encourage individuality, students are expected to respect school rules and be aware of their responsibilities within the school and wider community. Our **Code of Conduct** incorporates respect for oneself, others, the learning process, property and reputation. At CHS integrity, responsibility and striving to achieve in any and all areas of school life are highly valued.

Students at CHS have a right to safety, support when needed, respect and a quality education. Cooperation and tolerance are highly valued student qualities.

CHS encourages communication between parents and staff, and students and staff, to ensure proactive strategies are beneficial to students and teachers. Students can speak with any member of staff, Year Advisor, member of the Wellbeing team or Counsellor, at any time.

Bullying is firmly rejected, be it verbal, physical, social or psychological. Cyberbullying workshops and safe practice forums are held to alert students as to how to report and reduce risks.

Attendance at school and in class demonstrates commitment to our school and to a student's learning process and is regularly monitored.

CHS operates on a Level System which allows students to independently monitor their behaviour and modify it where necessary. Students who are held accountable for their actions are more likely to develop self discipline and confidence in their behaviour.

The Merit system recognises and rewards positive behaviour, consideration of others, responsibility to the community, extending a helping hand to others and academic achievement through the award of certificates leading to Bronze and Silver awards and the ultimate award of Gold, in the form of a badge and medal, presented at the annual Presentation Day ceremony.

CAMMERAYGAL VALUES

RESPECT

INTEGRITY

RESPONSIBILITY

ACHIEVEMENT

Assessment is an essential part of teaching and learning and at Cammeraygal High School each course provides a program of assessment tasks. For formal assessment tasks, constructive feedback to students on their performance, highlighting their strengths and indicating where they could make improvements will be made and may also include a grade.

Stage 4 & 5 Assessment Policy

Submission of formal assessment tasks

Students are expected to submit formal assessment tasks by the due date. Where a student cannot meet a deadline for a formal task the student must:

- have their parent/carer contact the HT at school on the morning the task is due to explain the illness/misadventure;
- bring a <u>valid explanation</u>, e.g. doctor's certificate or (under some circumstances) a parent/ caregiver's note to the class teacher; and
- be prepared to submit/attempt the task on the first day they return to school. Failure to follow the above procedures may result in a student not meeting the course outcomes.

Late submissions and absence for assessment tasks

A student who takes additional time to complete an assignment may be unfairly advantaged; and a late submission of an assignment may delay marking of the assignments and hence delay the giving of feedback to students.

Note: A student with late submission/attempt of an assessment task without a valid explanation will:

- Iose a grade if the task is not submitted on the due date. A grade will continue to be lost every 2 days thereafter. After 7 days an 'E' will be the top award. At this time an N warning letter will be sent home;
- the student may be ineligible for subject specific awards at the end of the year.

Important Note: Technology and/or computer equipment failure are not valid grounds for misadventure. It is the student's responsibility to keep hard copies of submitted assessment tasks.

To assist students in the utilisation of technology, the following guidelines should be considered:

- always complete work before the deadline. This enables appropriate measures to be taken in the event of equipment failure;
- back-up files regularly;
- print out copies of drafts and keep them while the assignment is in progress.

Plagiarism

Definition: Plagiarism involves using the work of another person and presenting it as one's own.

Consequences of Plagiarism

Plagiarism is a form of intellectual theft or academic laziness. Where it is established that work submitted is not the student's own work or is the result of collusion between two or more students or plagiarism from literary, scientific or technical sources, <u>no grade</u> will be awarded. Students still need to resubmit the work in order to meet the outcomes of the course, but the zero mark will still apply. Parents will be informed if students have submitted plagiarised work.

For Stage 6 assessment policy please refer to assessment booklet.

Cammeraygal High School has a very wide range of amazing student groups to explore! These exciting new groups open up new worlds of discovery where you can explore your interests. These exciting groups are a vital way for you to make new friends and fully involve yourself in the school. Teachers and experts from outside the school will bring their knowledge and skills to help you. We encourage you to join groups you are really interested in, and for you to remember that you don't have to join every group at once!

The list below may change, so please see a teacher or the student groups' noticeboard for more information:

Examples of student groups:

Student Voice and Leadership

Captains and Vice Captains

Captains and vice captains are important role models for the whole school, lead with new ideas, and have many formal speechmaking responsibilities.

Students Representatives Council (SRC)

The SRC represents and leads the student body where they model the very best leadership and behaviour. It discusses and advocates ideas and issues in the school. Roles include hosting the assembly, hosting important events, and running fundraisers.

Social Justice Committee

The SJC organises students to help others in need and actively engage in humanitarian initiatives through raising awareness of issues and fundraising.

Environment Council

The EC promotes the environment, runs recycling and energy saving campaigns, and works with other schools in the local area.

Sports Council (House Captains)

Two Sports Captains and eight House Captains promote participation in all physical activity including carnivals, run their houses, and assist teachers in the organisation and running of the House Cup and communicate CHS involvement in sport to the whole school at assemblies.

Enrichment Groups

- Chess and Games Club introduces students to a range of board and card games that extend their problem solving, team work and critical thinking skills. Student of all levels of chess experience are also invited to play and learn.
- Debating students learn how to structure arguments, develop their ability to counter opposing views and become more accomplished speakers.
- STEAM Science, Technology, Engineering, Art and Mathematics students expand and extend their skills across these important subject areas by finding solutions to real world problems.

STUDENT GROUPS AT CHS

- Photography Club a chance for those interested in photography to learn new skills and meet new friends
- Art Club a fun and practical program run by the Visual Arts staff. There will be enriching activities to build artistic and design skills, including workshops with visiting artists and designers.
- Knitting and craft club

Extra-curricular Music

The Ensemble Program seeks to develop students as musicians and creative performers whilst building teamwork and leadership skills.

- Vocal Ensemble
- Concert Band
- String Ensemble
- Drum Group
- Jazz Ensemble

School Sport

There are many team sports and recreational activities available for the sporty throughout the year, including swimming, basketball, touch football, netball, soccer, table tennis, volleyball and others. Rec Sports are available in the winter and summer season.

Extra-curricular Sport

There are many opportunities to participate in extra-curricular sport at Cammeraygal High School. The P&C have a dedicated Sporting Committee that organises training sessions and games for a range of sports including Soccer, Tennis and Basketball. There are also activities you can sign up to before and after school run by the teachers at Cammeraygal. You can speak to the Sports Organiser about options and who to contact.

Term 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (A)					
Week 2 (B)					
Week 3 (A)					
Week 4 (B)					
Week 5 (A)					
Week 6 (B)					
Week 7 (A)					
Week 8 (B)					
Week 9 (A)					
Week 10 (B)					

Term Planner

Term 2	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (A)					
Week 2 (B)					
Week 3 (A)					
Week 4 (B)					
Week 5 (A)					
Week 6 (B)					
Week 7 (A)					
Week 8 (B)					
Week 9 (A)					
Week 10 (B) 21 st Jun					

Term 3	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (A)					
Week 2 (B)					
Week 3 (A)					
Week 4 (B)					
Week 5 (A)					
Week 6 (B)					
Week 7 (A)					
Week 8 (B)					
Week 9 (A)					
Week 10 (B) 13 th Sep					

Term 4	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
(A)					
Week 2					
(B)					
(0)					
Week 3					
(A)					
Week 4					
(B)					
Week 5					
(A)					
Week 6					
(B)					
Week 7					
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()					
Week 8					
(B)					
Week 9					
(A)					
Week 10					
(B)					
(-)					
Week 11					
(A)					

