

# Cammeraygal High School

## Empowered to Achieve



**01** PRINCIPAL'S REPORT

**06** P&C

### MESSAGE FROM THE PRINCIPAL

As we move into Week 7 we have much to celebrate around student achievements and the wonderful occasion with our P&C celebrating the opening of the senior campus.

The school has settled extremely well over the past few weeks as we see both the Middle School and the Senior School move towards a much focussed learning environment.

Students are busy in the build up to assessment periods on both sites. Please note that if you have concerns about these assessments not being managed by your child contact the Year Advisor who will provide appropriate strategies or support to help your child better manage these challenges

### P&C welcome drinks

On Thursday 28 February our P&C hosted the annual welcome drinks with over 350 parents attending.

We conducted tours of the new site and I was so pleased to hear the huge enthusiasm for the facilities and the opportunities presented to our students.

I would like to sincerely thank the Cammeraygal HS Social committee and the parents that were instrumental in making it a success. In particular Jane Merrett, Belinda Kent, Deb Lee and so many other parents that played critical roles in the success of the event. Thanks to Srma and the P&C for their ongoing investment in the school's success.

### CALENDAR

#### WEEK 7 TERM 1 / 11 - 15 MARCH

Tues	Touch Football Fixture
Fri - Sun	FIRST Robotics Regional Event

#### WEEK 8 TERM 1 / 18 - 22 MARCH

Mon	Athletics Carnival
Tue	Y9 Food Tech Excursion
Thurs	West St Campus Open Day
Fri	Photo Day

### UPCOMING EVENTS

12 April	Last Day of Term 1
29 April	Staff Development Day
30 April	All students return for Term 2
7 June	Zone Athletics Carnival

**NEXT P&C MEETING**  
**TUESDAY 2 APRIL**  
**@ 7:15PM**  
**STAFF COMMON ROOM**  
**Pacific Hwy Campus**

## Open afternoon / Senior Campus

On Thursday 21 March at 3:00pm we will be hosting the open afternoon for the Senior Campus. I invite parents to come along and see the facilities but also to see the Stage 6 curriculum in action.

We have chosen lessons and subject areas to highlight for parents what student learning and achievement looks like in a Stage 6 context. Being a school that is teaching Stage 6 for the first time it is exciting for us to demonstrate the excellent expertise and teaching that is taking place in the school. We are confidently preparing our students for the challenges ahead regardless of the pathway they will choose. There will be music performances and tours of the senior site. We hope to see as many parents as possible on the senior campus open afternoon so that they are able to see the state of the art facilities.

## Sporting achievements at CHS

It has been a very successful week for Cammeraygal in the sporting arena. On Thursday 7 March, the Open Girls Basketball team beat North Sydney Girls HS 50-20.

Equally as exciting - our swimmers dominated in the pool at the Zone Swimming Carnival. Yuta M broke 4 zone records, including one record that was held for 25 years! It was also great to see Sasha C-B, Bill S and Remy L winning multiple events throughout the day. Thank you to Christina Pizzolato and Siobhan King who supported our students at the zone carnival!

Also this week our boy's tennis team, Oscar G, Dexter G, Misha J and Dhruv M will play Cherrybrook Tech HS .We look forward to another great result on the tennis court!

## First Robotics Competition

I also look forward to seeing our First Robotics team compete on Saturday at the championships that will be incredibly competitive.

The team consists of both junior and senior students and we are very well prepared. The collaboration between the students and Dr Mirto has been truly outstanding.

Seth First Robotics Programme showcases real work opportunities for our students to work on a real world project, working collaborative to solve problems and build a robot from the ground up.

The robot must perform quite intricate tasks which our students had to program and work towards their common goals as a team. Best of luck to Dr Mirto and the Crobotics on Saturday.

*Cammeraygal High School, 'One School, 2 spaces, same purpose'.*

**Regards**  
**K Melky**

# Deputy Principals' Report

We have had a highly successful start to the year at the West Street campus, and I would like to extend my sincere thanks and congratulations to all of the students and staff. We have certainly faced some challenges in getting everything set up and functioning efficiently as we would like, but the 'Cammeraygal spirit' has ensured that these challenges have been tackled with good humour, flexibility and enthusiasm – most of all, from our exceptional administration staff.

Our expectations of our Year 10 and 11 students are high, and many students have commented to me how much they appreciate this increased rigour, albeit finding it stressful at times to ensure that all of their homework is completed.

**Assessment tasks**, which have always been an important feature of the academic program for students at CHS, are critically important for Stage 6 (Years 11 and 12) students in particular. They provide valuable feedback not only to students, about what they know and can do (and how to improve), but also to teachers, about what content and skills have been successfully taught and what may need revision. Moreover, in the HSC year (commencing in Term 4 for our Year 11 cohort), 50% of the final HSC mark in every course will come from in-school assessment and therefore the rules of assessment, as set down by the NSW Education Standards Authority, must be rigidly applied. It is vital that Year 11 students adhere to these procedures, in preparation for their HSC year.

As we are now in full swing of Term 1 assessments, please note the following procedures which must be followed for Year 10 and 11 students:

- All students have been provided with an assessment booklet which provides an assessment schedule for all Year 10 and 11 courses. These booklets are also available on Sentral. These schedules provide a guide to proposed and planned assessments, however the individual tasks, including their due dates, may be subject to change, as long as the required 2 weeks' notice is provided. Having said that, significant changes are unlikely.
- All assessment task notifications will be issued to students with at least 2 weeks' notice before the due date, on gold paper. They will also be placed on Sentral. Students sign a register to acknowledge receipt of the task.
- If a student is absent on the day a task is distributed, it is **their responsibility** to see the teacher upon their return and collect the task and any other support materials. Being absent when a task is distributed is not an excuse for non-submission or non-completion.
- Hand-in tasks (like reports or essays that are to be completed at home then handed in) are due during the normal class period on the day of submission, NOT at the end of the day – unless this is clearly specified on the task notification.
- Cheating, plagiarism or malpractice (which is any activity which allows students to gain an advantage over others in a task, like buying or stealing material, copying someone else's material, or contriving false explanations for late submission) will result in a zero mark for the task.
  - For Year 11 and 12 students, this also includes taking time off before a task is due. Students must be present at school the day before a task is submitted, and if they are unwell, they must provide a medical certificate to verify this.
  - Similarly, students must be at school ALL DAY on the day of a task.
- Computer or printer failure is not accepted as a valid excuse for lateness or non-submission of work – students are encouraged to have multiple cloud backups of their work!
- Non-serious attempts or non-attempts at tasks will also result in a zero mark for the task.

### **Illness / Misadventure**

- If a student is ill in the lead-up to a task, for example they are sick at home for 2 days in the week before a task is due, and they feel their performance in the task has been affected, they should do the following:
  - Complete or hand in the task ON THE DUE DATE
  - Complete an Illness / Misadventure application and hand it to me on the day the task is due (up to within 48 hours), providing supporting medical documentation (for example, a detailed medical certificate), that outlines how their performance has been affected.
- If a student is absent on the day a task is due and it is a hand-in task, it is expected that the task will be either electronically submitted or brought to school, first thing in the morning. If this is done by 9am, no Illness / Misadventure application will be required.

- If a student is absent on the day of a task and it will not be submitted before school, or it is an in-class task, the following procedures must be followed:
  - Either the student or parent must phone the school IN THE MORNING of the day of the task and speak with the Head Teacher or Teacher, explaining why they will be absent. **Emailing or phoning the school with the normal absence notification is NOT sufficient.**
  - Obtain a medical certificate that outlines the nature of the illness, eg 'influenza'. NESA guidelines are such that we CANNOT accept certificates that state things like 'unfit for school' without an explanation.
  - Download a copy of the Illness / Misadventure application from Sentral, complete it and attach the medical certificate, and hand it to me on the morning of the students' return to school. It MUST be handed in within 2 days of the students' return to school to be considered.
  - If the paperwork is not submitted on time, a zero mark will be recorded and an 'N' warning letter sent.
  - The Head Teacher will then arrange for either the task to be completed, or an alternative task, immediately upon the students' return to school.

I encourage all parents to read through the Assessment Policy document which has been provided to all students, and is available in the Sentral portal. Please feel free to forward any enquiries regarding assessment to the faculty Head Teachers or to myself.

**J Arrow**  
**Deputy Principal**

## Year 7 Interim Reports

This week Year 7 students will be receiving an interim report. The purpose of these early reports is to provide students and families with some basic, early feedback on their progress in transitioning to high school. This will be followed by a more detailed and comprehensive Semester 1 Report at the end of Term 2.

## Assessment Booklets

All students should now have received their Assessment Booklets for 2019. I encourage you to read this document with your child to ensure they thoroughly understand the processes and procedures for assessment. These booklets also provide a guide to the nature and timing of assessment tasks across all key learning areas. Assessment tasks will now be flowing in and one of the best ways for students to stay on top of these is to have a good organisational system in place to keep track of what's due. My number one tip is to use a 'term by term' planner as a visual guide. You can download an example from the following link: [https://www.tmbank.com.au/-/media/community/\\_pdf\\_/school-planner/2019/nsw2019.ashx](https://www.tmbank.com.au/-/media/community/_pdf_/school-planner/2019/nsw2019.ashx)

## Winter Uniform

As we transition into autumn, the mornings are getting cooler. It is an excellent time to pull out school jumpers, jackets and blazers to check that they fit appropriately. If replacements are required, please contact Noone uniforms at your earliest convenience.

If for any reason your child is missing an item of uniform, please provide them with a note and I will issue an 'out of uniform slip' for the day, prior to Roll Call.

**P Barraclough**  
**Deputy Principal**

# Study Skills

## SETTING UP YOUR SPACE AT HOME

The start of a year is a good time to reassess the space where you work at home. It is best to work in whatever space has the least amount of distractions. Here are some points to consider:

1. Natural lighting is best, but if not possible then a good strong bulb in your room and a bright desk lamp is essential. What is the lighting like in your study area?
2. Fresh air and oxygen to the brain helps keep you mentally alert. What is the ventilation and air quality like in your study area?
3. Your work space sets the tone for the way you approach your study. Is your desk large enough? What is your working space or desk like?
4. The chair you use should be comfortable (but not so comfy you fall asleep) and adjustable to reduce strain on your neck and shoulders. What is your chair like?
5. When you are trying to memorise things, quiet is essential. No music (unless it is certain types of classical like baroque). How effectively can you keep your room quiet?
6. Storage is essential to help you keep your notes organised and sorted. Shelves, a filing cabinet, drawers. What is the storage like in your room?
7. It is important to keep your study area uncluttered and organised. A large pin board for notices and a calendar are useful. How organised is your study area?
8. How many distractions do you have in your room? Computer, phone etc? It is always a good idea to switch off or remove distractions before you start work. If you have to use your laptop make a conscious effort to not use personal technology during times when you are doing schoolwork. How well do you cope with the distractions in your room?

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To learn more about setting up an effective work area at home (including the effect the colour of your room has on your ability to study and how to set up your room ergonomically) visit the Home Study Environment unit of [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)

Username: cammeraygalhs

Password: 37achieve

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## FYI .....

### UNIFORM SHOP TRADING HOURS



73 Dickson Ave ARTARMON NSW 2064  
(02) 9436 1700 [sydney@noone.com.au](mailto:sydney@noone.com.au)

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#### TERM 1 TRADING HOURS

**Tuesday 3pm – 6pm**

**Thursday 7:30am – 10:30am**

**Friday 9am – 12md**

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**New student fittings are by appointment.** Please call us to arrange a suitable time.

Don't forget our online service at [www.noone.com.au](http://www.noone.com.au)

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# from the CHS P&C Association

## P&C Welcome Drinks and New Campus Tour

A very big thank you to all the parents and carers that came along to our annual Welcome Drinks at the new West Street campus and helped make it such a successful evening. It really was a great turn out and a wonderful opportunity to see first-hand the state of the art new campus.

Of course, the night would not have happened without the support and assistance of Kathy Melky and Jodi Arrow. We would also like to thank all the committed teachers and support staff that stayed behind to help with the tours, and more importantly to socialise with the parent / carer community. Our children are privileged to have such a dedicated group teaching them.

Organising such an event would also not be possible without the help of a large group of parents, far too many to name, however special thanks must go to the following; Deb Lee (not only for cooking up a storm for the night but also for all her behind-the-scenes work), Belinda Kent, Jane Merrett, Sarah Culhane, Kara Moeller, Kalyani Gunn, Tim Warren, Carol Kostamo and Susan Wild. Everyone's assistance in the planning, set-up and running of the night was appreciated by all.

We look forward to many more fun events with our CHS community over the coming year.

**Thanks**  
**P&C Social Committee**

## Calling all Dads! Make Mother's Day Special! Mother's Day Breakfast on Friday 10 May 2019

Last year, our inaugural Mother's Day Breakfast was a great success and we're hoping to recreate that again this year. But we need your help to make it happen.

We are looking for a Dad or a group of Dads who are willing to organise the event this year. No need to start from scratch; we have brilliant spread sheets outlining what you need, where to go for supplies, jobs to fill etc EASY! And of course, would love your own creative input too!

Without you, us hard-working Mums won't get that muffin and cup of coffee we so deserve!

If you can help, please email [jane@oscarwinning.com.au](mailto:jane@oscarwinning.com.au). I look forward to hearing from so many of you!

CAMMERAYGAL  
Parents & Citizens

## Mother's Day Breakfast Friday 10 MAY

# Dads Wanted!

job vacancies

- MAIN ORGANISER
- SET-UP/PACK DOWN
- SERVERS ON THE DAY

Contact Jane Merrett  
[jane@oscarwinning.com.au](mailto:jane@oscarwinning.com.au)

## Year 7 Contact List

We recently sent out the Year 7 Contact List. If you submitted your details but haven't received it, please contact: [Communication@cammeraygalpandc.org.au](mailto:Communication@cammeraygalpandc.org.au)

## SPORT

### P&C Sports Vacancies

Our sports programs **desperately** need your help! After 5 years, our programs have grown to over 200 students and reach over 50% of Cammeraygal students. These programs are essential for our children's health and wellbeing and sense of community. We need about 6-8 people to help keep these programs running. Find a friend and grab a role together so you can have a backup and have an excuse to hang out. If we are unable to fill these roles - the programs will not continue. The main roles required are:

- 1. Sports Coordinator & Assistant Sports Coordinator** - liaison role, one point of contact for all CHS P&C Sport, including basketball, netball, soccer and tennis. Busiest period is during and after Open Day.
- 2. Basketball Coordinator & Assistant to Basketball Coordinator** - coordinate all basketball teams, new player and manager communications as well as NSBA communications. Busiest period is at start of competitions and fee collection (Jan/Feb & June).
- 3. Basketball Uniform Coordinator** - coordinate basketball uniforms, including ordering, distribution and maintaining stock. Busiest period in January.
- 4. Basketball Coach Coordinator** - liaise with CHS basketball coaches. Requires weekly commitment to establish weekly game coaching timetable.

For enquiries and detailed roles and responsibilities, please email [president@cammeraygalpandc.org.au](mailto:president@cammeraygalpandc.org.au)

**All roles must be filled by 31 March 2019  
Without Coordinators, over 120 kids in 14 teams can no longer play basketball.**

### Netball update

We have 6 teams entered into the NSNA comp this year. We are very excited as we head into our 2nd season as a Netball Club!

Training starts next Wednesday morning 13 March @ 7:15am. Netballers, please meet at the Hazelbank Rd courts.

Round 1 is on Saturday 6 April. We will be letting the teams know the game times as soon as NSNA post it on their website.

Go CNC!

### Sport Committee

# | Community Announcements



## NEXT SPEAKER EVENING

**Dr Berlinda Yeoh & Jessica Stanilands**  
**Anxiety in ADHD - The Co-morbidities & Confusions**  
Tuesday 9th April 2019 @ 7pm  
Pittwater RSL, Mona Vale

**New website - includes events, ADHD info, blog & directory of professionals, services & resources**

For more information/to book please visit:

**[www.adhdsupportaustralia.com.au](http://www.adhdsupportaustralia.com.au)**

**events | parenting | directory | resources | community**





# Become a foster carer

Help us make a positive difference to the lives of children in your community. As a Key Assets foster carer, you will be provided with 24/7 support, a dedicated social worker and on-going training.

Change a child's life today:

- 📞 1800 WE CARE
- 🌐 [iwanttofooster.com.au](http://iwanttofooster.com.au)



**GET THAT JOB DAY**



# YOUTH JOBS & SKILLS EXPO



This exciting expo will provide youth with 21st Century strategies and learnings to Get that Job whatever they may be seeking!

**TUESDAY**

**9**

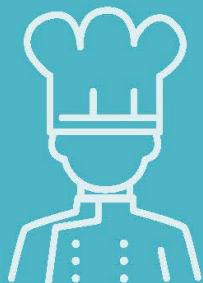
**APRIL 2019**

**TIME**

12.00 – 4.00PM

**LOCATION**

TAFE MEADOWBANK  
SEE STREET, P BLOCK FUNCTION  
ROOM – J BLOCK GATE 4



**FREE**

- LinkedIn photo shoot
- Workshops & Stalls
- Lunch

FOR MORE INFORMATION CALL

**9952 8222**

 City of Ryde

Get that Job Day – an all-inclusive event for the youth of Ryde.  
People with disability and Aboriginal and Torres Strait Islander people are encouraged to attend.